

CHAPTER V

CONCLUSION AND SUGGESTION

5.1. Conclusion

In this research, the writer gave the questionnaire to sixth semester students in English Department of Sriwijaya Polytechnic as respondents and they are mostly agree about the statements on the questionnaires. The conclusion for this research is sixth semester students in English Department in Sriwijaya Polytechnic mostly have their self-confidence in public speaking. This is supported by the results of a questionnaires that revealed the percentage of self confidence in sixth semester students' public speaking in English Department of Sriwijaya Polytechnic is reaching 80.18%. According to the table 3.1 the number showed that students reach 'appropriate' level which means that they confident enough in public speaking.

If the sixth semester students in English Department of Sriwijaya Polytechnic have the confidence, their public speaking will be going well. Self-confidence helps someone to communicate well in front of many people because self-confidence is like a complement. If they have high self-confidence, the body languages, good grammar and diction will follow. When they feel nervousness, their public speaking probably will not be doing well. Because if they can overcome the nervousness or their anxiety, they can more concentrate and calm while speaking in public. Furthermore, self-confidence bring many benefits in many ways especially in their public speaking skills.

5.2. Suggestion

Based on the research results and conclusions, the writer can provide the suggestions for the student that students need to improve public speaking skills by always learning and training so that students can be able to speak in public with high confidence. Because if students are used to speak in public, the body will automatically have the confidence. Students can attend many seminars, workshop,

active in the class when having the presentations or discussions, and also join the organizations to improve the confidence and public speaking skills.