

CHAPTER V

CONCLUSION AND SUGGESTION

5.1. Conclusion

Based on the finding discussed, it can be concluded most of the sixth-semester students of the English Department of the Sriwijaya Polytechnic were in a medium level of public speaking anxiety. Furthermore, From the factors analyzed from the PSCAS questionnaire adapted by Yaikhong & Usaha (2012), the most dominant is the embarrassment factor, which has the highest percentage. Then followed by other factors, namely lack of preparation, lack of motivation, limited vocabulary, and lack of self-confidence. Afterward, the elements contained in negative evaluations include negative thinking, fear of mistakes, and difficulty coordinating movement. Last, comfort in using English that caused by a lack of experience factor. So, it can be concluded that there were 9 (nine) factors that cause anxiety in public speaking English Department students of Sriwijaya Polytechnic.

5.2. Suggestions

Based on the research results and conclusions, the researcher can provide suggestions for the students that the students must fight the anxiety that exists when speaking publicly. The way that students can do this is to have time for preparation and practice before performing. Then students must build their self-confidence by always actively participating in discussions, giving opinion questions, and also being able to join campus organizations such as BEM, MPM, UKM, HMJ, or other campus communities so that they are accustomed to dealing with people. Students also must realize that making mistakes when public speaking is normal, so they can learn to be better in the future.