FINAL REPORT

THE NEW VARIATIONS OF PURPLE SWEET POTATO RISSOLES WITH SWEET FILLING MADE INTO A RECIPE BOOK



This final report is written to fulfill one of the requirements for Diploma III Educational accomplishment at English Department of Business in Tourism and Hospitaly Industry

BY:

SARAH DESTIA 061330900715

STATE POLYTECHNIC OF SRIWIJAYA PALEMBANG 2016

APPROVAL SHEET

FINAL REPORT

THE NEW VARIATIONS OF PURPLE SWEET POTATO RISSOLES WITH SWEET FILLING MADE INTO A RECIPE BOOK



BY:

SARAH DESTIA 061330900715

Palembang, August 2016

Approved by:

First Advisor,

Dr. Welly Ardiansyah, S.S. M.Pd

ID: 197408172006041001

Second Advisor,

Eriza,S.Pd, M.Pd ID: 196205051988032003

Acknowledged by, Head of English Department

Drs.M. Nadjmuddin.M.A ID.196209071988031001

THE NEW VARIATIONS OF PURPLE SWEET POTATO RISSOLES WITH SWEET FILLING MADE INTO A RECIPE BOOK

FINAL REPORT

By

SARAH DESTIA

061330900715

Approved by the examiners

Signature

MA

Drs. M. Nadjmuddin, M.A NIP. 196209071988031001

Drs. Sunani, M.M NIP. 196305181990031002

Dra. Risa, M.Pd NIP. 196508172000032001

Eli Yeny, S.Pd., M.Pd NIP. 197305072000122001

> STATE POLYTECHNIC OF SRIWIJAYA PALEMBANG 2016

MOTTO AND DEDICATION

"Why being tired ? While Allah Swt always supports with Hayya' AlalFalah, The distance of victory is only a forehead and a prayer's mat"

> Dedicated to: My beloved Father Densyah
> Rs.Sip.MM & My beloved Mother
> Agustina
> My beloved sister
> DwiSekarNingrum& My beloved
> brother AkhmadLabiqaZa'im
> My first Advisor Dr.
> WellyArdiansyah, S.S, M.Pd.
> My second Advisor
> Eriza,S.Pd,M.pd
> English Department
> State Polytechnic of Sriwijaya

PREFACE

First of all, the writer would like to thank to Allah swt for giving the blessing for the writer in finishing this final report. This report is writen to fulfill the final report subject at English Department of State Polytechnic of Sriwijaya with the tittle "The New Variations of Purple Sweet Potato Rissoles With Sweet Filling Made into a Recipe Book".

The writer realizes this final report is still far from being perfect because of the limitation of budget, time, knowledge and source. Therefore, the comments and suggestions from the whole sources are needed. The writer really hopes that this report can be useful, can give the information and even enlarge the knowledge about culinary especially about purple sweet potato rissoles as an new variations product for the readers especially for the student of English Department.

Palembang, July 2016

The Writer

Sarah Destia

ACKNOWLEDMENT

First of all, I would like to say thanks to ALLAH SWT that gives chance for the writer to finish this final report. During writing this final report, the writer gained any assistances, contribution, suggestion, advice, and support from many people. On this opportunity I also would like to dedicate my appreciation for everyone who has given me great supports in completing this final report. The writer would like thank to:

- 1. Drs.M.Nadjmuddin. MAas the Head of English Department
- 2. Dr. WellyArdiansyah, S.S, M.Pd. as my first advisor
- 3. Eriza, S.Pd, M.Pd. as my second advisor
- All lecturers, all Administration and all Staffs of English Department State Polytechnic of Sriwijaya thank you so much for giving me the best knowledge in this collage
- 5. My beloved family, Myfather Densyah Rs.Sip.MM, My beloved mother Agustina, My sister DwiSekarNingrum and My brother AkhmadLabiqaZa'imthank you so much always giving the unlimited support, love and prayer for me to finished this final report and my studying in English Department State Polytechnic of Sriwijaya
- My partners FitriyantiRamdhani thank you so much for always help me to finished this my Final Report
- 7. AnisaTurahma a good friends knows all my best stories

Last word, the writer would like to thank for all those can't be written in this limited room whose have helped me in finishing this final report.

Palembang, July 2016

The Writer

Sarah Destia

ABSTRACT

THE NEW VARIATIONS OF PURPLE SWEET POTATO WITH SWEET FILLING MADE INTO A RECIPE BOOK

(Sarah Destia, 2016, 51 pages, 48 pictures, 2 charts)

This research aims to find out the variations of rissoles that can be made from purple sweet potato and make the recipe book. The problems were "What are the variations based on flavor that can be made from purple sweet potato rissoles?" and "How are the processes of making the recipe book of purple sweet potato rissoles?". The aims of writing this report were to find out the variations of rissoles that can be made from purple sweet potato and the process of making purple sweet potato rissoles recipe book. The method of this report was Research and Development (R&D) Modified method developed by Sukmadinata. The research techniques for collecting the data were interview and documentation. Based on the finding, the writer found that rissoles can be combined with purple sweet potato. There are fourprocesses of making purple sweet potato rissoles recipe book, started from reviewing, surveying, arranging, and testing and revision. The conclusions were purple sweet potato rissoles can be one of the things to be done in order to subtitute the rice and variate the rissoles ingredients to make it healthier and the recipe book that the writer made can also be a culinary references. The suggestions was given to the writer.

Keywords: Research & Development, Recipe Book, Purple Sweet Potato Rissoles

TABLE OF CONTENT

TITLE SHEET	Page
APPROVAL SHEET	•••••
EXAMINERS SHEET	
MOTTO AND DEDICATECATION	i
PREFACE	ii
ACKNOWLEDGEMENT	iii
ABSTRACT	iv
TABLE OF CONTENTS	V
TABLE OF CONTENTS	vi

CHAPTER I INTRODUCTION

1
4
4
4
4
5

CHAPTER II LITERATURE REVIEW

2.1 Purple Sweet Potato	6
2.2 Rissoles	7
2.3 Ingredients of rissoles.	
2.3.1 Eggs	8
2.3.2 Wheat Flour	8
2.3.3 Bread Crumbs	9
2.3.4 Butter	9
2.3.5 Milk	9
2.4 Recipe Book	10

CHAPTER III RESEARCH METHODLOGY

3.1 Method of Research	12
3.2 Place of Research	16
3.3 Population and Sample	16
3.4 Techniques of Collecting Data	17
3.5 Techniques of Analyzing Data	18

CHAPTER IV FINDINGS AND DISCUSSIONS

4.1 Findings	21
4.2 Discussions	49

CHAPTER V CONCLUSIONS AND SUGGESTIONS

5.1 Conclusions	0
5.2 Suggestions	0

REFERENCES
APPENDICES