FINAL REPORT THE USE OF SPINACH IN MAKING PIZZA DOUGH



The final report is written to fulfill one of the requirement for Diploma III Educational accomplishment at English Department

By:

PUSPA SARI 0613 3090 0711

STATE POLYTECHNIC OF SRIWIJAYA

PALEMBANG
2016

FINAL REPORT APPROVAL SHEET THE USE OF SPINACH IN MAKING PIZZA DOUGH



By:

PUSPA SARI 0613 3090 0711

Palembang, Agustus 2016

Approved by,

First Advisor

Eriza, S.Pd., M.Pd

NIP.196205051988032003

Second Advisor

Moehamad Ridhwan, S.Pd., M.Pd

NIP. 196912102005011002

Acknowledged by,

Head of English Department

Drs. M. Nadjmuddin, M.A

NIP. 196209071988031001

APPROVAL SHEET OF EXAMINER THE USE OF SPINACH IN MAKING PIZZA DOUGH FINAL REPORT

By:

Puspa Sari

0613 3090 0711

Approved by the examiners committee

Signature

Drs. M. Nadjmuddin, M.A

ID. 196209071988031001

Drs. Sunani, M.M

ID. 196305181990031002

Drs. Zakaria, M. Pd

ID. 196408122000031002

Eli Yeny, S. Pd., M. Pd

ID. 197305072000122001

dw

mr.z

STATE POLYTECHNIC OF SRIWIJAYA PALEMBANG 2016

MOTTO AND DEDICATION

Motto:

"Success seems to be connected with action. Successful people keep moving. They make mistake, but they don't quit."

- Conrad Hilton -

This final report dedicated to:

Allah swt

My beloved parents

My beloved grandparents

My beloved sister and brothers

My beloved classmates 6 BB class

My lecturers in English Department at State Polytechnic of Sriwijaya

THE USE OF SPINACH IN MAKING PIZZA DOUGH

ABSTRACT

(Puspa Sari, 2016, 43 page, 9 Table, 2 Chart)

This study discusses about the use of spinach in making pizza as new variant. The writer wanted to know the influence of spinach toward taste, texture, appearance, and aroma of the pizza result. The writer also shows how many students of English Department at State Polytechnic of Sriwijaya Like and dislike to eat spinach pizza.

Keywords: spinach pizza

PREFACE

First of all, I would like to express my gratitude to Allah SWT for giving the blessing and mercy for the writer in finishing this final report with tittle "THE USE OF SPINACH IN MAKING PIZZA DOUGH". The final report is writer to fulfill the equipment to finish the education at State Polytechnic of sriwijaya in English Department.

The writer is also grateful to many people who have given many help to me in writing and finishing this report, they are Mrs. Eriza, S.Pd,. M.Pd as the first advisor and Moch. Ridwan, M.Pd as the second advisor who have given me advices in writing the report, and also many thanks for Student English Department help me do the experiments in the kitchen English Department, State Polytechnic of Sriwijaya.

Finally, the writer realizes that this report, still has many insufficiencies, and the report is far from perfect. Therefore, the constructive critics, and suggestions are expected by the writer. The writer expects this masterpiece can give the advantages for Student of English Department State Polytechnic of Sriwijaya.

Palembang, 2016

The Writer

ACKNOWLEDGEMENT

The writer would like to thanks to Allah swt that gives the chances and knowledge for the writer to finish this final report. In this opportunity, the writer would like to express deep gratitude to everyone, whether intentionally involved incidentally involved in writer this final report. The writer would like to thank to:

- 1. To our parents, thanks for your support, pray, and motivation.
- 2. To Eriza, S.Pd,. M.Pd. as my first advisor big thanks for guiding us to finish this final report.
- 3. To Moehamad Ridhwan, S.Pd., M.Pd as my second advisor.
- 4. To all of English Department Lecturers, thanks for teaching and educating us.
- 5. To all staffs of English Department, Mr. Nanang, Mr. Okta, Mrs. Warti, and Mrs. Lina thanks for everything.
- 6. To all our friends of 6 BB class, thanks for becoming great family.
- 7. All of people who help the writer give the best support to finish the final repot.

Finally, the writer hopes this final report may give benefit to people who study cooking or F & B well. However, this report is far from perfect report, therefore any criticsm and constructive suggestions are always welcome.

Palembang, 2016

The writer

TABLE OF CONTENT

TITLE SHEET	i
APPROVAL SHEET	ii
APPROVAL SHEET OF EXAMINER	iii
MOTTO AND DEDICATION	iv
ABSTRACT	v
PREFACE	vi
ACKNOWLEDGEMENT	viii
TABLE OF CONTENT	ix
LIST OF TABLE	xi
LIST OF CHART	xii
CHAPTER 1 : INTRODUCTION	1
1.1 Background	1
1.2 Problem limitation	2
1.3 Problem Formulation.	2
1.4 Purpose and Benefit	2
1.41. purpose	3
1.4.2 Benefit	3
CHAPTER II: LITERATU RE REVIEW	4
2.1 The Information about spinach	4
2.1.1 Types of Spinach	4
A. Green Spinach	4
B. Red Spinach	5
C. White Spinach	5
2.2 The Nutrient Content of spinach	5
2.3 Definitions of Pizza	6
2.4 The Assorted of Pizza	7

2.5 The Pizza Dough Ingredients
2.5.1 Flour
2.5.2 Yeast8
2.5.3 Olive oil
2.5.4 Salt9
2.5.5 Cold water9
2.5.6 Sugar10
2. 6 The topping of pizza10
2.7 Pizza Dough Making Process
2.8 Sensory perception
2.9 People Acceptance of food product
CHAPTER III: PROJECT METHODOLOGY14
3.1 The Method of Research
3.2 Place and Time Research
3.3 Data Collection and Instrument
3.4 Respondents
3.5 Research Stages
3.5.1 Preparation
3.5.2 Implementation
3.5 Techniques for Analyzing Data
CHAPTER IV: FINDING AND DISCUSSION21
4.1 Findings
4.2 Discussion

CHAPTER V: CONCLUSIONS AND SUGGESTIONS	43
5.1 Conclusion	43
5.2 Suggestion	43
REFERENCE	
APPENDICES	

LIST OF TABLE

Table 1. Nutrient Content of spinach	5
Table 2. Preparation cooking	. 16
Table 3. The Recipe Composition of Spinach Pizza	21
Table 4. Questionnaire Result pizza of Making 1	22
Table 5. Questionnaire Result pizza of Making 2	24
Table 6. Questionnaire Result pizza of Making 3	25
Table7. The preference like or dislike Pizza 1	27
Table 8. The preference like or dislike Pizza2	28
Table 9. The preference like or dislike Pizza 3	30

TABLE OF CHART

Chart 1.				
The percentage so	core the Texture	, taste, aroma, f	lavor and appearar	nce of spinach
pizza				36
Chart 2.				
Percentage of prefe	erence score Lil	ke and dislike		36