

CHAPTER V

CONCLUSION AND SUGGESTION

5.1 Conclusions

Based on the result of the research, banana and avocado doughnut can be two of the things to be done in order to substitute the rice and variates the doughnut ingredients to make them healthier. The writer already found the appropriate compositions to make both banana and avocado doughnut. In addition, the recipe book that the writer made can also be culinary references. There were four steps or process to finish the recipe book, such as reviewing, surveying, drafting, testing and revision. It should be done to create a good recipe book.

5.2 Suggestions

There are suggestions for the writer and the readers. For the writer is to continue this research and for the readers is if the readers want to make this research, the readers should prepare the budget, time, and the access.