

## **CHAPTER V**

### **CONCLUSIONS AND SUGGESTIONS**

#### **5.1 Conclusions**

From the explanation in the previous chapter, the writer got three conclusions. First, the purple sweet potato noodle could be an option to substitute rice. It was because the nutrition content of purple sweet potato noodle and rice are same, so that it has already followed the principles of food diversification. Second, the five food that the writer chose randomly to combine with the purple sweet potato noodle were succesful and suitable with the combination based on the result of the interviews with the respondents. Third, the recipe book that the writer made can be a tool to promote the purple sweet potato noodle and its variations.

#### **5.2 Suggestions**

The writer have some suggestions after doing this research.

1. For students: if the students want to conduct the research and development for the final report, the student should consider things such as time, budget, and the access.
2. For institution: this recipe book can be a tool of publication for promoting the purple sweet potato noodle.
3. For writer: to continue this research in dissemination steps.