FINAL REPORT

DESIGNING THE VARIANT SPINACH RISSOLES'S RECIPE BOOK



This report is written to fulfill one of the requirement for the subject of final report at English Department

Arranged By:

WULAN MARIA ULFA

061430900668

STATE POLYTECHNIC OF SRIWIJAYA

PALEMBANG

2017

APPROVAL SHEET FINAL REPORT

DESIGNING THE VARIANT SPINACH RISSOLES'S RECIPE BOOK



By:
WULAN MARIA ULFA .
061430900668

Palembang, July 2017

Approved by

First Advisor

Dra. Murwani Ujihanti, M.Pd.

NIP. 195902171987032001

Second Advisor

Darmaliana, S.Pd., M.Pd

NIP. 197301032005012002

Acknowledged by

Head of English Department

Drs. M. Nadjmuddin, MA.

NIP. 196209071988031001

DESIGNING THE VARIANT SPINACH RISSOLES'S RECIPE BOOK

The Final Report By:

Wulan Maria Ulfa

061430900668

Approved by the examining committee

Signature

Drs. M. Nadjmuddin, M.A. NIP. 196209071988031001

Sri Gustiani, MTESOL., EdD. NIP. 197108252005012001

Moehamad. Ridhwan, S.Pd., M.Pd. NIP. 196912102005011002 1 Sugn

ENGLISH DEPARTMENT
STATE POLYTECHNIC OF SRIWIJAYA
PALEMBANG
2017

PREFACE

Thanks for Allah SWT for giving blessing and mercy on the final report on time. The

writing of this report is requested to fulfill requirements of subject on final report at state

polytechnic of Sriwijaya Palembang. The title of this final report is "Designing The Variant

Spinach Rissoles's Recipe Book".

The writer also would like to thank for all people who has given contribution

regarding to this final report. The writer believed that without helping, motivating, and

counseling from others, this report will not be finished. The writer also realize that there are

some mistakes found in writing this report because the writer have limitation in experience,

ability and knowledge. Therefore, suggestions and critics are welcome to have this report

improved.

Finally, The writer expect that this master piece can give advantages for English for

Tourism Department and all people.

Palembang,

Juli 2017

The Writer

ACKNOWLEDGEMENT

Finally, this final report is completed. Therefore, the writers would like to thank to Allah SWT that gives chances for the writers to finished this final report. In this opportunity, the writers would like to express deep gratitude to the entire participants for their encouraging advice, valueable guidance during writing this final report. The writers would like to thank to :

- 1. Allah SWT.
- 2. Head of English Department, Drs. M. Nadjmuddin, MA.
- 3. Advisors of this final report, Dra. Murwani Ujihanti, M.Pd and Darmaliana, S.Pd., M.Pd.
- 4. My beloved Parents, Brother, Sisters and Boyfriend who always support me and give your love, spirit and hug for me.
- 5. My beloved Friends of English Department especially in 6BB class.
- 6. All of people who involed for all of the help to finish this report that I could not write one by one. Thank you so much.

The writer also hope this report could give some benefits and contributions. However, this report is still far from perfect. Therefore, some comments and suggestions are always welcomed to make my final report better.

MOTTO AND DEDICATION

"Just understand what we will do, and do the best"

This final report dedicated to:

ALLAH SWT

My beloved parents (Kiagus Wancik Yusuf and Halimah Tuzhuroh)

My beloved brother and sisters (Betha, Hera, Efi, Novi and Aisyah)

My beloved classmates 6 BB class

My advisors (Dra. Murwani Ujihanti, M.Pd and Darmaliana, S.Pd., M.Pd)

My lecturers in English Department at state Polytechnic of Sriwijaya

My beloved friends

ABSTRACT

DESIGNING THE VARIANT SPINACH RISSOLES'S RECIPE BOOK

(Wulan Maria Ulfa, 2017: 33 Pages, 13 Figures)

The final report has a title of Designing the Variant Spinach Rissoles's Recipe Book. The report discusses about designing the product where the product is in the form of recipe book which containt the complete information about variant spinach rissoles itself. The purpose of this final report is to find out the steps to design a variant spinach rissoles's recipe book. The writer used methodology of Sukmadinata (2005) that is research and development (R and D). The writer asked some respondents to know the taste, combination from spinach rissoles, the rissoles' fill, and texture. The writer did 3 steps to make this recipe book, they are: 1. Preliminary study, 2. Development product, and 3. Testing. The result shows that the recipe book can be used as a guide book for cooks people because they can make the variant spnach rissoles by seeing this recipe book.

Keyword: Spinach, Rissoles, Designing, Recipe Book.

ABSTRAK

DESIGNING THE VARIANT SPINACH RISSOLES'S RECIPE BOOK

(Wulan Maria Ulfa, 2017: 33 Halaman, 13 Gambar)

Laporan akhir ini berjudul DESIGNING THE VARIANT SPINACH RISSOLES'S RECIPE BOOK. Laporan tersebut membahas tentang perancangan produk dimana produk tersebut berupa buku resep yang berisi informasi lengkap tentang varian risol bayam itu sendiri. Tujuan laporan akhir ini adalah untuk mengetahui langkah-langkah merancang buku resep varian risol bayam. Penulis menggunakan metodologi Sukmadinata (2005) yaitu penelitian dan pengembangan (R and D). Penulis meminta beberapa responden untuk mengetahui rasanya, kombinasi dari rissole bayam, isi rissoles, dan tekstur. Penulis melakukan 3 langkah untuk membuat buku resep ini, yaitu: 1. Studi pendahuluan, 2. Pengembangan produk, dan 3. Pengujian. Hasilnya menunjukkan bahwa buku resep dapat digunakan sebagai buku panduan untuk memasak orang karena mereka bisa membuat varian risol bayam dengan melihat buku resep ini.

Kata kunci: Bayam, Rissoles, Perancangan, Buku Resep.

LIST OF APPENDICES

Appendix 1 Consultation agreement sheet	34
Appendix 2 Consultation sheet	36
Appendix 3 Recommendation letter	40
Appendix 4 Approval sheet of final report revision	41
Appendix 5 Final report revision sheet	42
Appendix 7 List of interview sheet	45

TABLE OF CONTENT

TITLE SHEET	
ADVISORS APPROVAL SHEET	i
EXAMINERS APPROVAL SHEET	ii
PREFACE	iii
MOTTO AND DEDICATION	iv
ACKNOWLEDGEMENT	V
ABSTRACT	vi
LIST OF APPENDIX	vii
TABLE OF CONTENT	viii
LIST OF FIGURE	X
LIST OF TABLE	xi
LIST OF CHART	xii
CHAPTER I INTRODUCTION	
1.1 Background	1
1.2 Identification of Problem	3
1.3 Limitation of Problem	3
1.4 Problem Formulation	3
1.5 Research Purpose	3
1.6 Research Benefits	3
CHAPTER II LITERATURE REVIEW	
2.1. Definition of Design	5
2.2 Recipe Book	5
2.2.1 Procedure of Designing Recipe Book	6
2.3 Spinach	9
2.3.1 Advantages of Spinach	9
2.3.2 Types of Spinach	9
2.3.3 The Benefit of Spinach for Health	11

2.4 Rissoles	13
CHAPTER III RESEARCH METHODOLOGY	
3.1The Method of The Research	15
3.2 Place of Research	17
3.3 Subject of Research	
3.4 Techniques of Collecting Data	17
3.5 Techniques of Analyzing Data	18
CHAPTER IV FINDING AND DISCUSSION	
4.1 Finding	20
4.1.1 General Process	20
4.1.2 Design a Recipe Book	22
4.1.3 Experts' Opinion of The Rissoles	
4.2 Disscusion	27
4.2.1 Respondents' Opinion of The Rissoles	27
CHAPTER V CONCLUSIONS AND SUGGESTIONS	
5.1 Conclusions	31
5.2 Suggestion	31
REFERENCES	•••••
APPENDICES	••••••

LIST OF FIGURE

Figure 1: Source: Tuti Tresnawati. buku resep kreasi rissole, Jakarta: Dapur	Nulekker, 2016
	6
Figure 2: Bayam petik	10
Figure 3: Bayam cabut	10
Figure 4: Bayam duri	11
Figure 5: Bayam itik	11
Figure 6: Set Up the Layout	22
Figure 7: Fonts of Layouts	23
Figure 8: Set Up a Master for Book	23
Figure 9: Design a Vibrant Introductory Spread	24
Figure 10: Create a High-Contrast Recipe Spread	25
Figure 11: Design an Engaging Method Spread	26
Figure 12: Book for Print or Digital	27
Figure 13: The Finishing Design of Recipe Book	30

LIST OF TABLE

Table 1: The variants of rissoles's filling

LIST OF CHART