FINAL REPORT

THE INNOVATION OF PEMPEK: CUKO-FILLED PEMPEK



This final report is written to fulfill one of the requirements to finish Diploma III Educational accomplishment at English Department

By:

NABILA WALIDZA 061630900661

STATE POLYTECHNIC OF SRIWIJAYA PALEMBANG 2019

APPROVAL SHEET FINAL REPORT

THE INNOVATION OF PEMPEK: CUKO-FILLED PEMPEK



By: NABILA WALIDZA 061630900661

Palembang, July 2019

Approved by,

Second Advisor

First Advisor

Dra. Risnawati, M.Pd.

NIP. 196804011994032001

Herman, S.Pd., M.Pd.

NIP. 197107012002121001

Acknowledged by,

Head of English Department

& Drs. M. Nadjmuddin, M.A.

NIP. 196209071988031001

APPROVAL SHEET OF EXAMINERS

THE INNOVATION OF PEMPEK: CUKO-FILLED PEMPEK

By: Nabila Walidza 061630900661

Approved by the examiners committee

Dra. Sri Endah Kusmartini, M.Pd.

ID. 196612191991032002

Drs. Zulkifli, M.Pd

ID. 196112251989031004

Nian Masna Evawati, S.Pd., M.Pd

ID. 197905072003122002

Signature

STATE POLYTECHNIC OF SRIWIJAYA
PALEMBANG
2019

ABSTRACT

This study aimed to make *cuko*-filled *pempek* as an innovation of Palembang's culinary. The purpose is to find how to make *cuko*-filled *pempek*. There are three stages of research and development method based on Sukmadinata's theory which are Preliminary study, model development, and final testing. However, the writer did only two stages which were preliminary study and model development. In preliminary study, the writer got required info, she than made recipe drafts of *cuko*-filled *pempek*. In model development, the writer did two experiments. The first experiment was tasted and examined by Mr. I Gede, and the product of second experiments was tasted by two chefs working at the Excelton hotel. The product of second experiments became the final product of *cuko*-filled *pempek*. The result indicated that the *cuko* of *cuko*-filled *pempek* must have thick texture. Indeed, it also needed eight ingredients and ten cooking steps to make *cuko*-filled *pempek*.

Keyword: Innovation, Cuko, Pempek, Cuko-filled pempek.

ABSTRACT

Penelitian ini bertujuan menjadikan pempek berisi cuko sebagai inovasi kuliner Palembang. Tujuannya adalah mencari cara membuat pempek yang diisi cuko. Ada tiga tahap metode penelitian dan pengembangan berdasarkan teori Sukmadinata yaitu studi pendahuluan, pengembangan model, dan pengujian akhir. Namun, penulis hanya melakukan dua tahap yaitu studi pendahuluan dan pengembangan model. Dalam studi pendahuluan, penulis mendapat info yang diperlukan, ia kemudian membuat resep resep pempek berisi cuko. Dalam pengembangan model, penulis melakukan dua percobaan. Eksperimen pertama dicicipi dan diperiksa oleh Mr. I Gede, dan produk dari eksperimen kedua dicicipi oleh dua koki yang bekerja di hotel Excelton. Produk percobaan kedua menjadi produk akhir pempek yang diisi cuko. Hasil penelitian menunjukkan bahwa cuko pempek yang diisi cuko harus memiliki tekstur yang kental. Memang dibutuhkan delapan bahan dan sepuluh langkah memasak untuk membuat pempek yang diisi cuko.

Kata kunci: Inovasi, Cuko, Pempek, pempek yang diisi Cuko.

PREFACE

First of all, I would like to express my gratitude to almighty greatest Allah SWT for giving me blessing, strength, healthy, and guidance in finishing this paper entitled "*Cuko*-filled *Pempek*" on time. I also would like to send regards to my prophet Muhammad S.A.W. Who has inspired me to keep struggling in finishing this paper. The purpose of this paper is to fulfill the requirement to finish the education at State Polytechnic of Sriwijaya.

I also grateful to many people who always helps me finishing this paper. They are lecturers, staff, and students at State Polytechnic of Sriwijaya, especially for my first advisor Mrs. Risnawati, M.Pd. and my second advisor Mr. Herman, S.Pd., M.Pd. who have given me advices in writing this paper.

Finally, the writer realizes that this paper is still far from perfect, so comments, criticism, and suggestion from the readers are always accepted in order to make this paper be better and useful for all of the parties whether the lecturers and also the students.

Palembang July 2019

The Writer

Acknowledgement

In this moment, the writer would like to thank to everyone who has given many contribution in this final report:

- 1. My beloved family, I am so grateful to have you all that always support me on difficult situation.
- 2. Mrs. Risnawati, M.Pd. and Mr. Herman, S.Pd., M.Pd. Thank you for all of the corrections, suggestions, ideas, support and thank you for guide me patiently during the consultation.
- 3. Mrs. Lina, thank you for taking care of me and always allowed me to stay at library.
- 4. All of the lectures and staff of English Departement who have helped me to be an educated person.
- 5. All of the interviewees and experts who have given information and data, support, and suggestions.
- 6. For you, especially KM. Andrean Nawawi, Thank you so much bitch for give an I-phone 7 plus to support me in faking situation, I'm so faking grateful for my beloved boyfriend.
- 7. My crackhead Friends in BA class, Rani, Soni, Meylani, Wiwid and the rest that I cannot write in here. Thank you for making me feels that I am not the only one who is useless.
- 8. Thanks to my close friends for give me a spirit and strength especially, Resti, Bunga, Lola, Dina, Aca, Yolanda, Icak, Dilla, Gaby, Kikin, Isro, Rahmat, Rofif, Dika, Riski, Fatur, Syawal, Raka.

Finally, the writer would like to thank to all parties that cannot be expressed one-by-one, who helped and gave contribution directly and indirectly for the writer during writing this final report.

Motto and Dedication

"BE LIKE LARRY, SLOW BUT SURE"

-SpongeBob-

This final report is dedicated to:

- My lovely Parents
- My beloved Family
- My beloved Lectures
- My beloved Boyfriend
- My beloved Close Friends
- My beloved Friends.

TABLE OF CONTENTS

TITLE SHEET	i
APPROVAL SHEET	ii
ABSTRACT	iii
PREFACE	iv
ACKNOWLEDGEMENT	v
MOTTO AND DEDICATIONS	vi
TABLE OF CONTENTS	vii
LIST OF FIGURES	ix
CHAPTER I: INTRODUCTION	1
1.1 Background	1
1.2 Problem Formulation	2
1.3 Purposes	2
1.4 Benefits	2
CHAPTER II: LITERATURE REVIEW	3
2.1 Culinary Tourism	3
2.2 Traditional Food	3
2.3 Pempek as Traditional Food	4
2.3.1 How to Make <i>Pempek</i>	5
2.3.2 Kinds of Pempek	6
2.4 Cuko	7
2.4.1 How to make <i>Pempek</i>	7
CHAPTER III: METHODOLOGY	9
1. Studi Pendahuluan (Preliminary Study)	9
2. Pengembangan Model (Model Development)	11
3. Pengujian Akhir (Final Testing)	11
CHAPTER IV: FINDINGS AND DISCUSSION	12

4.1 Findings	12
4.1.1 Preliminary Study	12
4.1.1.1 Literature Review	12
4.1.1.2 Field Study	13
4.1.2 Model Development	19
4.1.2.1 Limited Testing	19
4.1.2.2 Wider Testing	22
4.2 Discussion	23
CHAPTER V: CONCLUSIONS AND SUGGESTION	24
5.1 Conclusions	24
5.2 Suggestion	24
REFERENCES	25

APPENDICES

LIST OF FIGURES

Figure 4.1 of the first experiment of <i>cuko</i> -filled <i>pempek</i>	15
Figure 4.1 of the first experiment of <i>cuko</i> -filled <i>pempek</i>	16
Figure 4.2 of the first experiment of making <i>cuko</i>	17
Figure 4.3 of the second experiment with different cuko recipe results	19
Figure 4.4 of <i>Cuko</i> -filled <i>pempek</i> in wider testing trial	21