

FINAL REPORT
DESIGNING A RECIPE BOOK OF FOOD AND DRINK
MADE FROM PEANUT



**This report is written to fulfil one of the requirements of Diploma Graduation in
English Departmen at State Polytechnic of Sriwijaya**

By:

Meilin Mutiara Aniska

061630900658

STATE POLYTECHNIC OF SRIWIJAYA

PALEMBANG

2019

APPROVAL SHEET
DESIGNING A RECIPE BOOK OF FOOD AND DRINK
MADE FROM PEANUT



By:
MEILIN MUTIARA ANISKA

061630900658

Palembang, July 2019

Approved by,
Second Advisor

First Advisor

Dra. Tiur Simanjuntak, M.Ed. M.
NIP. 196105071988032001

Herman, S.Pd., M.Pd.
NIP.197107012002121001

Acknowledged by
Head of English Department

Drs. M. Nadjmuddin, M.A.
NIP. 196209071988031001

**APPROVAL SHEET OF EXAMINERS
DESIGNING A RECIPE BOOK OF FOOD AND DRINK
MADE FROM PEANUT**

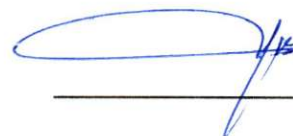
**By:
MEILIN MUTIARA ANISKA
061630900658**

Approved by the Examiners Committee

Signature

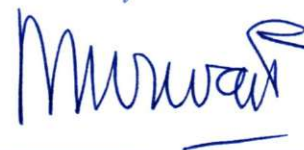
Dr. Welly Ardiansyah, S.S., M.Pd

NIP. 197408172006041001



Dra. Murwani Ujihanti, M.Pd

NIP. 195902171987032001



Drs. Zakaria, M.Pd

NIP. 196408122000031002



**ENGLISH DEPARTMENT
STATE POLYTECHNIC OF SRIWIJAYA**

2019

ABSTRACT

Designing a Recipe Book of Food and Drink Made from Peanut

(Meilin Mutiara Aniska, 2019:32 pages, 1 chart, 34 pictures)

This research will present about designing a recipe book of food and drink made from peanut. The purpose of this final report is to find how to design a recipe book of food and drink made from peanut. To get the purpose, the writer used Research and Development method modification by Sukmadinata (2005). The result show that there are 3 steps to make the design for a recipe book of food and drink made from peanut. They are preliminary study, model development and final product testing. Based on the result, the writer expected to further researchers to make recipe book of food and drink besides made from peanut.

Keywords: Design a recipe book, Recipe Book, Food and drink made from peanut.

ABSTRAK

Merancang Buku Resep Makanan dan Minuman Berbahan Dasar Kacang Tanah

(Meilin Mutiara Aniska, 2019: 32 halaman, 1 bagan, 34 gambar)

Pada penelitian ini akan dibahas tentang perancangan buku resep makanan dan minuman berbahan dasar kacang tanah. Tujuan dari pembuatan laporan akhir ini adalah untuk mengetahui bagaimana merancang sebuah buku resep makanan dan minuman berbahan dasar kacang tanah. Untuk mencapai tujuan tersebut, penulis menggunakan modifikasi metode Research and Development menurut Sukmadinata (2005). Hasil penelitian menunjukkan bahwa terdapat 3 tahap pembuatan desain buku resep makanan dan minuman berbahan dasar kacang tanah. Yaitu studi pendahuluan, pengembangan model dan pengujian produk akhir. Berdasarkan hasil penelitian ini, penulis mengharapkan kepada peneliti selanjutnya untuk membuat buku resep makanan dan minuman selain berbahan kacang tanah.

Kata kunci: Desain buku resep, Buku Resep, Makanan dan minuman berbahan dasar kacang tanah.

PREFACE

First of all, the writer would like to say thank Allah swt for the mercy and blessing that Allah swt has been giving to the writer. Therefore, the writer could finish the final report. The writer also would like to express the warmest gratitude to the noble prophet Muhammad saw. Eventually, this report is written as one of the requirements to finish Diploma III at English Department entitled **“DESIGNING A RECIPE BOOK OF FOOD AND DRINK MADE FROM PEANUT”**.

The writer would like to thank all people who have support in writing and finish this final report, especially for Mrs. Tiur Simanjuntak, and Mr. Herman who has given us much advice and time to finish this report. I would like to thank to all participants and my friends who let me know about all the information and data that related to my final report.

The writer consider this report still many insufficiens it caused by the limitation experiences, knowladge and ability the writers have to write the report. Therefore, the writer expect the readers can give suggestions and critics for the final report progress.

Palembang, 2019

The writer

ACKNOWLEDGEMENT

In this moment, the writer would like to express deep gratitude to the entire participants for their advice and valuable guidance during writing this final report. First of all, the writer would like to thank Allah swt for this mercy and guidance in giving me strength to complete this final report. Accordingly, in this opportunity the writer give thanks and gratitude to:

1. Head of English Department, Mr. M. Nadjmuddin, MA and Mrs. Sri Gustiani, S.Pd, M.TESOL, EdD as the secretary of English Department.
2. Thanks to my advisors, Dra. Tiur Simanjuntak, M.Ed. M and Herman, S.Pd., M.Pdfor giving invaluable assistance, guidance and valuable suggestions during the writing of this final report.
3. My third respect and thanks goes to all lecturers and staff in English Department.
4. My beloved family especially for my beloved father Mr. Drs. Iskandar Zulkarnain, my beloved mother Mrs. Nawangwulan Trizana Amd.Keb , and my sisters they are Andara Sabita and Intan A'zahra for the prayer and financial report.
5. My beloved friends in 6BA class especially for my close friends, they are Erika Ayu Larasati, Devy Wardini, Ratih Nur Annisa, Omega Novianti and thank you for your support, help and togetherness in this almost three years time of study.
6. My sister Intan Putri Sari, Riska Silpiani Saputri, Sylvia Dellarose Harianja, Jessy Zhara Vitaloca, thank you for your support help and accompanied me in making this final report and also your opinion in this project.
7. My beloved friends of Wara-Wiri, and Risky Herdin Saputra for your support and prayer.
8. All of students in English Department at State Polytechnic of Sriwijaya who never give up in giving their support.

MOTTO AND DEDICATION

-MOTTO-

A LITTLE PROGRESS

EACH DAY ADDS UP

TO BIG RESULTS

-DEDICATION-

This final report is dedicated to:

Allah Swt

My Beloved Parents

My Beloved Sisters

My Family

My Lecturers

My Beloved Friends

TABLE OF CONTENTS

ABSTRACT	i
ABSTRAK.....	ii
PREFACE	iii
ACKNOWLEDGEMENT	iv
MOTTO AND DEDICATION	v
TABLE OF CONTENTS.....	vi
LIST OF PICTURES.....	viii
LIST OF CHART	x
CHAPTER I.....	1
INTRODUCTION	1
1.1 Background.....	1
1.2 Problem Formulations.....	2
1.3 Limitation	2
1.4 Purpose	3
1.5 Benefit	3
CHAPTER II	4
LITERATURE REVIEW	4
2.1 Definition of Design	4
2.2 Recipe Book	4
2.3 Information about food and drink.	6
2.3.1 Definitions of food.....	6
2.3.2 Information about brownies and pudding.	6
2.3.3 Definition of drink	7
2.4 Informations about Peanuts.	8
2.4.1 Definition about peanut.	8
2.4.2 The Benefits of Peanut	8
CHAPTER III RESEARCH METHODOLOGY	10
3.1 The Method of Research	10
1. The preliminary study.	11
2. Model Development.	13
3. Final Product Testing	13

CHAPTER IV	14
FINDINGS AND DISCUSSIONS.....	14
4.1 Findings	14
4.2 Discussion	15
4.2.1 Preliminary Study.....	15
4.2.2 Development of the Product	21
CHAPTER V	27
CONCLUSION AND SUGGESTION	27
5.1 Conclusion	27
5.2 Suggestion	28
REFERENCES	29
A P P E N D I C E S.....	32

LIST OF PICTURES

Picture 4.1.....	18
Picture 4.2.....	18
Picture 4.3.....	19
Picture 4.4.....	19
Picture 4.5.....	19
Picture 4.6.....	19
Picture 4.7.....	19
Picture 4.8.....	19
Picture 4.9.....	20
Picture 4.10.....	20
Picture 4.11.....	20
Picture 4.12.....	20
Picture 4.13.....	20
Picture 4.14.....	20
Picture 4.15.....	21
Picture 4.16.....	22
Picture 4.17.....	22
Picture 4.18.....	23
Picture 4.19.....	23
Picture 4.20.....	24
Picture 4.21.....	24
Picture 4.22.....	24
Picture 4.23.....	24

Picture 4.24.....	24
Picture 4.25.....	24
Picture 4.26.....	25
Picture 4.27.....	25
Picture 4.28.....	25
Picture 4.29.....	25
Picture 4.30.....	25
Picture 4.31.....	25
Picture 4.32.....	26
Picture 4.33.....	26
Picture 4.34.....	26

LIST OF CHART

Chart 3.1 The Steps of R&D Modified Sukmadinata (2005, p.18).....	11
--	-----------